



Let's Talk

To bring any of these programs to your organization, or to request a custom proposal, get in touch.

palomapelaezleon.com

Lead higher, lead stronger, lead with empathy.

ABOUT DR. PALOMA

Dr. Paloma Peláez León

Dr. Paloma is a leadership coach specializing in Emotional Leadership, Intergenerational Communication, and Emotional Coaching in Multicultural Environments. She holds a Ph.D. in Organizational Leadership & Management, an MBA in International Management, and an International Master's in Tourism & Travel. Over more than 15 years, she has led multicultural, multigenerational teams inside global hospitality organizations operating across dozens of countries — the environment where she developed and field-tested the emotional leadership frameworks she now teaches. Fluent in Spanish, English, Italian, and French, she brings a genuinely international lens to every program she designs.

15+

years of international experience

4

languages: EN · ES · IT · FR



CONSCIOUS & EMOTIONAL LEADERSHIP PROGRAMS

Dr. Paloma Peláez León

*Lead Higher, Lead Stronger, Lead with
Empathy*

Documents · Checklists · Seminars & Workshops

1

Emotional Leadership & Emotional Intelligence

Helping managers and supervisors regulate their own emotional intensity and lead their teams through emotionally intelligent, non-defensive communication.

INCLUDES

DOCUMENT

The Conscious Emotional Leadership Framework

CHECKLIST

5-Step Self-Regulation Checklist

SEMINAR

Leading with Emotional Intelligence

2

Intergenerational Communication Techniques

Practical tools for closing the communication gap between Baby Boomers, Gen X, Millennials, and Gen Z on the same team.

INCLUDES

DOCUMENT

The Intergenerational Communication Playbook

CHECKLIST

Generational Feedback Checklist

SEMINAR

Bridging the Generational Gap

3

Multicultural Emotional Management

Tools for leading and being led across cultures, drawn from 15+ years managing multicultural teams in global hospitality.

INCLUDES

DOCUMENT

The Multicultural Emotional Management Guide

CHECKLIST

Cultural Sensitivity in Tense Moments Checklist

SEMINAR

Emotional Leadership Across Cultures